

CAMARADERIE FOUNDATION'S MISSION IS TO PROVIDE HEALING FOR THE "INVISIBLE WOUNDS OF WAR" THROUGH COUNSELING, EMOTIONAL, AND SPIRITUAL SUPPORT FOR ALL MILITARY SERVICE MEMBERS, VETERANS, AND THEIR FAMILIES.



The Need

More than 22 million Americans have served or are serving in the military.

More than 150,000 veterans live in Central Florida according to the 2020 census.

87%

make counterparts.

as many service members/veterans died by suicide vs combat since 9/11/2001



of veterans are exposed to potentially traumatic events.

4 out of 5 veterans believe they are not getting the mental health care they need.

Women veterans experience PTSD almost double the rate of their



THREE MAJOR FACTORS IMPACTING VETERANS

SUICIDE



TRANSITION



78% of Veterans report difficulty in transitioning from military to civilian life.

*2019 Iraq and Afghanistan Veterans of America survey

43 percent of post-9/11 Veterans considered suicide at least once after joining the Military







55 percent of post-9/11 Veterans said they have a mental health condition connected with their service.





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medicatio.

THE CONSTANT VIGILANCE RESULTS IN WOUNDS THAT

GO BEYOND THE BATTLEFIELD

What it feels like to have PTSD: <u>Chris' Story</u>



IMPACTS THE ENTIRE FAMILY

Over **50%** of Military spouses reported experiencing stress, financial concerns, family and/or marital issues according to the American Psychological Association.





How Camaraderie Foundation Helps





Support Services

Counseling Services

- Customized care
- Private & confidential
- Free of charge
- Available nationwide
- More than 500 counselors
- No waiting list
- Available to veterans, service members, their families, and their caregivers

More than 24,600 hours of counseling have been awarded since 2009.



COUNSELING SERVICES



Evidenced Based Therapies

- Eye Movement Desensitization and Reprocessing (EMDR)
- Accelerated Resolution Therapy (ART)
- Cognitive Behavioral Therapy
- Mindfulness-Based Therapies
- Acceptance and Commitment Therapy
- Motivational Interviewing

HOW ARE WE DOING?

"Just letting you know that counseling is going great and I couldn't have done it without this organization's help, so I am saying thank you and continue to bless other service members/families & help diminish the war on PTSD. If there is anything I can do or volunteer to show my gratitude, I'm just an email away. Thanks again & have a Wonderful Wednesday!!!"

Current client – Veteran



89% Success Rate



TRANSITION ASSISTANCE

"I feel that the Camaraderie Foundation provides not only a common ground with veterans but is a safe place. I cannot recall feeling more at home within an organization since I left the military almost three years ago."

- Barron, Mentor Leadership Program Class III Graduate

Mentorship

Skill Building

MENTOR LEADERSHIP PROGRAM

Networking





SUPPORTIVE SERVICES

Military families are under significant emotional strain and often do not have the opportunity to connect with peers. Through community partnerships, Camaraderie Foundation offers family-friendly events and resources that are free of charge to help couples reconnect, let kids be kids, and build informal peer supports.

"Thank you, Camaraderie, for bringing people together with same or similar problems. It brings this community together. Having a day to spend with family without an argument or misunderstanding is great for the families you support."

William V on the Family Fun Days

Family Fun Days



Upcoming Events

December 10, 2022 SeaWorld Orlando

January 28, 2023 Keel and Curley Farms



What Makes Us Different



No discharge status qualification



All services are free

500+



Licensed mental health professionals in our network

1:1 mentoring opportunities



No wait list for counseling



Spiritual aspect



Family members and caregivers are eligible



National and overseas therapy services

Volunteer

Donate

How You Can Help



Spread the Word







(407) 841-0071 www.camaraderiefoundation.org



